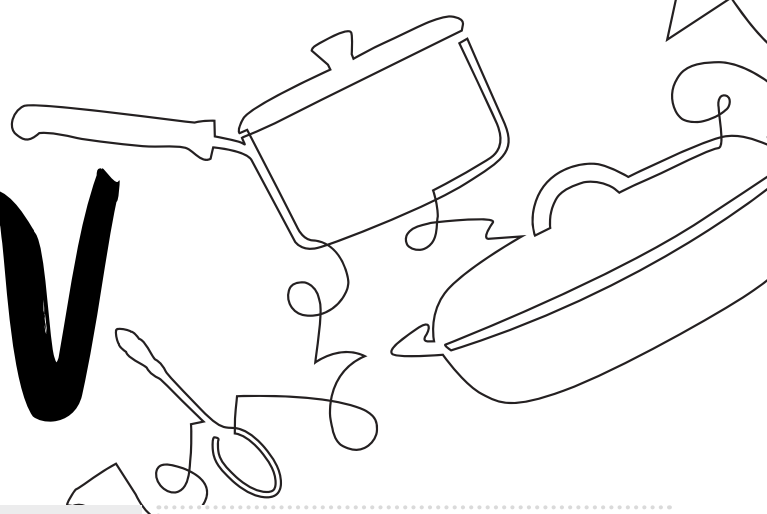


MEAL PREP

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PLATZ FÜR NOTIZEN

Handwriting practice lines for notes.

Handwriting practice lines for the shopping list.